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Anne L. Watson, author of "Smart Soapmaking," continues her soapmaking revolution with the first practical book on making Castile soap bars at home. With the secrets revealed in this advanced guide, you'll be making lovely, quick-curing, lather-rich Castile quickly, safely, and reliably.

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Title: Castile Soapmaking - The Smart and Simple Guide to Making Lovely Castile Soap from Olive Oil Quickly, Safely, and Reliably Author: Anne L Watson Published: 2-1-2016 Publisher: Shepard Publications Pages: 48 Genre: Crafts, Hobbies & Home Sub Genre: Health, Mind & Body ISBN: 9780938497660 ASIN: B013H08BAU Reviewer: DelAnne Reviewed For: NetGalley My Rating: 5 stars.

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Castile Soapmaking: The Smart Guide to Making Castile Soap ...
Using a more standard amount of water in a Castile soap recipe can make the cure time more like six to eight weeks. Once made, your castile soap will have a shelf-life of up to two years. Check the oil bottle that you're using though -- the best-by date on the olive oil bottle is the best-by date of your soap.

Simple Castile Soap Recipe + Full DIY Instructions
Full E-book Castile Soapmaking: The Smart Guide to Making Castile Soap, or How to Make Bar Soaps. JoshThornton. 0:24 [Get] Cool Soapmaking: The Smart and Simple Guide to Low-Temp Tricks for Making Soap with Milk, Kutrec. 0:22. HOME | Ultimate Guide to Hot Process

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Castile Soapmaking The Smart and Simple Guide to Making Lovely Castile Soap: Cool Soapmaking The Smart and Simple Guide to Low-Temp Tricks for Making Soap with Special Ingredients . Anne's Soapmaking and Lotionmaking Page. Why make soap? Why bother? You can buy something to wash with for a tenth the price.

Anne L. Watson's Soapmaking Page (Soap Making, Cold ...
Anne L. Watson, author of "Smart Soapmaking," continues her soapmaking revolution with the first practical book on making Castile soap bars at home. With the secrets revealed in this advanced guide, you'll be making lovely, quick-curing, lather-rich Castile quickly, safely, and reliably.

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Castile Soapmaking: The Smart and Simple Guide to Making ...
Like most soaps and cleaners Castile Soap is alkaline (with a PH around 8.9) making it an effective cleaner compared to standard soaps yet still less severe than bleach. For this reason it is a fantastic multi purpose soap! However be careful not to mix it with anything acidic such as vinegar or citrus juice as the acid will cancel out the Alkaline that is present in the castile soap.

Castile Soap | Zero Waste Guide – The Source Bulk Foods
Buy Cool Soapmaking: The Smart Guide to Low-Temp Tricks for Making Soap, or How to Handle Fussy Ingredients Like Milk, Citrus, Cucumber, Pine Tar, Beer, and Wine (Smart Soap Making) by Watson, Anne L. (ISBN: 9781620355152) from Amazon's Book Store. Everyday low prices and free delivery on eligible orders.

Cool Soapmaking: The Smart Guide to Low-Temp Tricks for ...
Download Here http://goodreadslist.com.playsterbooks.com/?book=0938497669Castile Soapmaking: The Smart and Simple Guide to Making Lovely Castile Soap from Olive Oil

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SPECIAL NOTE! -- ANNE WILL PERSONALLY ANSWER ANY QUESTION OF YOURS AFTER READING THIS BOOK. ASK ON HER WEB SITE, AND YOU'LL NORMALLY HEAR BACK WITHIN HOURS! For centuries, the name Castile has been associated with the highest quality in soap. But Castile -- made from olive oil, traditionally in factories -- has proven hard to translate to craft soapmaking. It has earned a reputation as difficult to make, slow to cure, and lacking in rich lather. Until now. Anne L. Watson, author of "Smart Soapmaking," continues her soapmaking revolution with the first practical book on making Castile soap bars at home. With the secrets revealed in this advanced guide, you'll be making lovely, quick-curing, lather-rich Castile quickly, safely, and reliably. ////////////////////////////////////// Anne L. Watson is the first author to have introduced modern techniques of home soapmaking and lotionmaking to book readers. She has made soap under the company name Soap Tree, and before her retirement from professional life, she was a historic preservation architecture consultant. Anne and her husband, Aaron Shepard, live in Friday Harbor, Washington. ////////////////////////////////////// CONTENTS GETTING STARTED (Facts and Myths About Castile) THE KEYS TO CASTILE (Moving It from Factory to Kitchen) WHAT DO I PUT INTO IT? (The Ingredients of Castile) WHAT DO I USE TO MAKE IT? (Gathering the Equipment You Need) Recipe: Anne's Classic Castile STEP-BY-STEP CASTILE SOAPMAKING (From Prep to Cleanup and Beyond) MORE RECIPES! (Different Castile Soaps You Can Try) Recipe: Milk Castile Recipe: Herbal Castile Recipe: Oatmeal Castile Recipe: Cleansing Castile Recipe: Gardener's Lemon Poppy Seed Castile Recipe: Castor Castile Recipe: Coconut Castile Recipe: Tropical Castile WHY? WHY? WHY? (Frequently Asked Questions) WHERE TO FIND MORE

For centuries, the name Castile has been associated with the highest quality in soap. But Castile -- made from olive oil, traditionally in factories -- has proven hard to translate to craft soapmaking. It has earned a reputation as difficult to make, slow to cure, and lacking in rich lather. Until now. Anne L. Watson, author of "Smart Soapmaking," continues her soapmaking revolution with the first practical book on making Castile soap at home. With the secrets revealed in this advanced guide, you'll be making lovely, quick-curing, lather-rich Castile with no trouble at all. ////////////////////////////////////// Anne L. Watson is the author of the wildly popular and widely acclaimed beginners book "Smart Soapmaking" and its companions, "Milk Soapmaking" and "Smart Lotionmaking." She has made soap professionally under the company name Soap Tree, and before her retirement was a historic preservation architecture consultant. Anne's other published books include "Baking with Cookie Molds" and several novels. Anne, her husband, Aaron, and their cat, Skeeter, live in Friday Harbor, Washington. ////////////////////////////////////// CONTENTS GETTING STARTED (Facts and Myths About Castile) THE KEYS TO CASTILE (Moving It from Factory to Kitchen) WHAT DO I PUT INTO IT? (The Ingredients of Castile) WHAT DO I USE TO MAKE IT? (Gathering the Equipment You Need) Recipe: Anne's Classic Castile STEP-BY-STEP CASTILE SOAPMAKING (From Prep to Cleanup and Beyond) MORE RECIPES! (Different Castile Soaps You Can Try) Recipe: Milk Castile Recipe: Herbal Castile Recipe: Oatmeal Castile Recipe: Cleansing Castile Recipe: Gardener's Lemon Poppy Seed Castile Recipe: Castor Castile Recipe: Coconut Castor Castile Recipe: Tropical Castile WHY? WHY? WHY? (Frequently Asked Questions) WHERE TO FIND MORE

SPECIAL NOTE! -- ANNE WILL PERSONALLY ANSWER ANY QUESTION OF YOURS AFTER READING THIS BOOK. ASK ON HER WEB SITE, AND YOU'LL NORMALLY HEAR BACK WITHIN HOURS! Maybe you've made melt-and-pour soap and want to move on to something more challenging and rewarding. Maybe traditional soapmaking appeals to you, but you figure that working with lye is too difficult or dangerous. Or maybe you're already doing it, but outmoded ideas and methods are complicating the process and slowing you down. No matter which of these fits you, you'll find "Smart Soapmaking" practical, helpful, and refreshing. Written by a former professional soapmaker, this book explodes the myths about soapmaking and shows you how to make luxurious soap from scratch with the least fuss and bother. With both customary and metric measurements, plus a list of suppliers in five countries, "Smart Soapmaking" is the first truly international book on the craft! ////////////////////////////////////// Anne L. Watson is the first author to have introduced modern techniques of home soapmaking and lotionmaking to book readers. She has made soap under the company name Soap Tree, and before her retirement from professional life, she was a historic preservation architecture consultant. Anne and her husband, Aaron Shepard, live in Friday Harbor, Washington. ////////////////////////////////////// *****RECOMMENDED BY THE HANDCRAFTED SOAP & COSMETIC GUILD***** "Should become THE book for soapmaking. . . . It's about time someone wrote a book like this. Most are idealistic and inaccurate. This book has a wonderful common sense

approach that is SO long overdue. . . . I can recommend it with 100% confidence." -- Susan Kennedy, Oregon Trail Soaps, Rogue River, Oregon "Smart it is A simple, no-nonsense book that cuts through the curmudgery of stifling soap bibles like no other." -- Shellie Humphries, Harstine Island, Washington "Way overdue. . . . A gift of common sense caution, proven methods, tried-and-true shortcuts, and some excellent recipes as well, for both the professional/experienced soapmaker and the eager beginner." -- Deb Petersen, Shepherd's Soap Co., Shelton, Washington "A great book for beginners, with clear and easy instructions." -- Anne-Marie Faiola, Bramble Berry Inc., Bellingham, Washington "I learned more from Smart Soapmaking than from any other soaping book, and I have read quite a few. . . . It's written with the average person in mind, not a chemistry major. Directions are very simple and easy to understand. It really takes the mystery out of making soap." -- Jackie Pack, Stuart, Virginia "Groundbreaking Anne L. Watson [is the] universally respected and loved author/crafter/curator of this lost art for thousands of aspiring soapers Unquestionably the best book with which to begin. To be precise, it's probably the most accessible, most reader-friendly, and most immediately useful container of information a first-time soapmaker could hope to find." -- Wishing Willow (blog)

Do you think making soap at home is messy or difficult or complicated? Do you think you have to spend a fortune to get all natural luxurious soap that you need to pamper your skin? ALL NATURAL SOAP MAKING: ULTIMATE GUIDE TO CREATING NOURISHING NATURAL SOAP AT HOME FOR YOU AND YOUR FAMILY PLUS 25 AMAZING SOAP RECIPES is a complete guide to creating your own all natural organic soaps that will feed your skin with the essential vitamins and nutrients your skin deserves. Also included in the book are 25 amazing soap recipes which include Melt and Pour soap recipes, Cold Process soap recipes and Hot Process soap recipes.

SPECIAL NOTE! -- ANNE WILL PERSONALLY ANSWER ANY QUESTION OF YOURS AFTER READING THIS BOOK. ASK ON HER WEB SITE, AND YOU'LL NORMALLY HEAR BACK WITHIN HOURS! Do you love the feel of milk soaps but shy away from the cost? Are you looking for a special kind of gift you can make yourself? Or do you already make soap and want to try something new? Anne L. Watson's "Smart Soapmaking" was the first book based on modern techniques that eliminate the drudgery and guesswork from home soapmaking. Now, by popular demand, she continues her soapmaking revolution with the first practical, comprehensive book on making milk soap from scratch. Experience the rich, soothing, luxurious feel of milk soap you've made yourself. Your skin will thank you for it. // Anne L. Watson is the first author to have introduced modern techniques of home soapmaking and lotionmaking to book readers. She has made soap under the company name Soap Tree, and before her retirement from professional life, she was a historic preservation architecture consultant. Anne and her husband, Aaron Shepard, live in Friday Harbor, Washington. // "Beautiful in its simplicity. . . . A definitive book for experienced as well as beginning milk soapers." -- Rebekah Bailey, The Original Soap Dish, South Whitley, Indiana "An easy to read and understand book that will take the mystery out of milk-based soapmaking and debunk some of the myths surrounding it. It contains some great basic formulas to get you started making milk soaps of any kind, and fuel to let your imagination run wild when you are ready to formulate your own creations. A good source of information for new soapmakers, and also suitable for more experienced soapmakers who want to start making milk soaps but thought it would be too difficult." -- Amanda Guilfoyle, Bodelicious Bath & Body Products, Ipswich, Queensland, Australia "As always, Anne is up to her usual excellence. This book demystifies milk soapmaking so everyone can have the luxury of a truly decadent bar of soap *easily*. LOVE this book!!!" -- Susan Kennedy, Oregon Trail Soaps, Rogue River, Oregon "If you have an interest in milk soaps, this is the book for you. . . . Debunks much of the popular wisdom that may have discouraged some soapmakers." -- Kevin M. Dunn, Author, "Scientific Soapmaking" and "Caveman Chemistry" "As uber-soapmaker Anne L. Watson demonstrates, milk soaps made properly are [rightfully] well-known for a quality of luxurious buttery softness that is undeniable. . . . Anne once again acquits herself ably as a scholar of the suds and a natural communicator." -- Wishing Willow (blog) "Full of information that milk soapers, whether novice or experienced, could use to make better milk soaps. Anne writes in a conversational style that made me feel as though I were sitting down with her in her kitchen. . . . Anne details what seems to be everything there is to know about the subject. Rather than simply offering her opinions and favorite practices, Anne did extensive testing and experimenting, learning how to make the best milk soap bars that could be made. Soapmakers will be impressed with the amount and quality of Anne's research and observations. . . . That leaves the question: Can a neophyte made good cold-process milk soap? I now say yes, with the caveat they have 'Milk Soapmaking' in hand." -- Beth Byrne, "The Saponifier," Sept.-Oct. 2010

The pure luxury of soaps made with coconut butter, almond oil, aloe vera, oatmeal, and green tea is one of life 's little pleasures. And with the help of author Anne-Marie Faiola, it 's easy to make luscious, all-natural soaps right in your own kitchen. This collection of 32 recipes ranges from simple castile bars to intricate swirls, embeds, and marbled and layered looks. Begin with a combination of skin-nourishing oils and then add blueberry puree, dandelion-infused water, almond milk, coffee grounds, mango and avocado butters, black tea, or other delicious ingredients — and then scent your soap with pure essential oils. Step-by-step photography guides you through every stage of cold-process soapmaking.

Do you love the feel of a good lotion but find yourself unhappy with the cost, or wary of the chemical ingredients? Do you ever wonder if you could make it for yourself at home? Are you afraid to try because the lotion might not turn out well, or might even be unsafe? Anne L. Watson's "Smart Soapmaking" was the first book based on modern techniques that eliminate the drudgery and guesswork from home soapmaking. Now, by popular demand, she continues her handcraft cosmetics revolution with the first practical, comprehensive book on making lotion. Whether you want to make lotion for personal use or to sell, Anne allays any fears with methods that are proven safe and approved by experts, yet simple and easy enough to perform in your kitchen. You'll soon be making lotion that's better than any you've been buying, and at a fraction of the cost. // Anne L. Watson is the author of the wildly popular and widely acclaimed beginners book "Smart Soapmaking." She has made soap professionally under the company name Soap Tree, and before her retirement was a historic preservation architecture consultant. Anne's other published books include "Milk Soapmaking," "Baking with Cookie Molds," and several novels. Anne, her husband, Aaron, and their cat, Skeeter, live in Friday Harbor, Washington. // "The definitive guide to lotionmaking." -- Donna Puizina, Ekoaromas, Lafayette, New Jersey "Spells out everything and makes it easy to understand." -- Cheryl McCoy, Emerald City Soap, Haven, Kansas "Anne makes it so much fun, and so easy." -- Mary Jean Hammann, Grandma Jean's Soaps and Lotions, New London, Ohio "So logical and easy to understand that my first batch was a success AND a sell-out!" -- Susan Dinion, Holiday Farm & Handmade Goods, Berlin, Massachusetts // CONTENTS A Few First Thoughts Lies and Lotions (Myths About Lotion and Lotionmaking) Lotion Lingo (Learning the Jargon) What Is Lotion, Anyway? (What It Is and What Goes Into It) The Two Ways to Sanitize Lotion (And How to Choose Between Them) What Do I Put It In? (Choosing Your Bottles) What Do I Use to Make It? (Gathering the Equipment You Need) Step-by-Step Lotionmaking (From Prep to Cleanup and Beyond) Testing Your Lotion (Making Sure It's Safe) More Recipes! (Different Lotions You Can Try) Milk Lotion Recipes (Treating Your Skin to Milk) Designing Your Own (How to Create Great Recipes) Troubleshooting (Tricks, Tweaks, and Fixes) Making It a Business (How to Go Pro, Not Bust) Why? Why? Why? (Frequently Asked Questions) Resources

NO STARTER -- NO WASTE -- NO CHEAT -- NO FAIL NATURALLY FERMENTED BREAD IN JUST 24 HOURS WITH YOUR HOME PROOFER, INSTANT POT, SLOW COOKER, SOUS VIDE COOKER, OR OTHER WARMER There's sourdough, and then there's SMART sourdough -- a whole new approach to an ancient bread! Most sourdough recipes lead you through days or even weeks of developing a starter before you can make your bread -- and then into a lifetime of maintaining that starter. But this book is based on the belief that all that rigmarole is no longer needed. With modern methods of regulating temperature, and with the easy availability of baker's yeast, honest-to-goodness naturally fermented sourdough bread can be made from start to finish in less than a day. With all the benefits of naturally fermented sourdough, it's only the hassle of making it that has discouraged home bakers. Well, hassle no more. The age of smart sourdough has arrived. // Mark Shepard began baking his own sourdough bread in 1979 and went on to publish the bestselling booklet "Simple Sourdough." In 2012, he began developing a sourdough method that's even simpler and more reliable -- one that could be used by anyone, with no fear of failure. Mark now lives in Bellingham, Washington, with his wife and fellow author, Anne L. Watson. // "A fresh new look at making your own sourdough . . . I love Mark's attention to detail. No matter your setup, tools, or needs, he's got you covered . . . I questioned his use of a pinch or two of baker's yeast, but his research and experiments have me sold. His recipes combine the advantages of cultivated yeast and naturally occurring sourdough bacteria to make bread that actually rises and doesn't take days to make."—Holly Howe, author of "Fermentation Made Easy! Mouthwatering Sauerkraut" " Mark Shepard shares how to make sourdough bread, with its characteristic flavor and health benefits, without maintaining a long-term starter. It 's relevant to anyone looking to save time in the kitchen, learn a new technique, or just read a very detailed and interesting book on sourdough. " —Emily Buehler, author of " Bread Science: The Chemistry and Craft of Making Bread " "I have always wanted to do sourdough, but I am away from home A LOT and often hubby is with me, so there would be no one at home to maintain the starter. BRING ON THE INSTANT POT!!! It is so simple, I have zero idea why this book was not written years ago . . . Want a great wedding gift idea? This book, an Instant Pot, flour, and yeast. They will thank you forever!" -- Janet Cousineau, Poppy-Coloured Pages (Facebook group), April 27, 2021 At the beginning of the pandemic, I (and most of the rest of the planet) decided to start a sourdough culture and make my own sourdough. I mixed the ingredients, kept everything scrupulously clean, followed the instructions -- and it was a total, completely disgusting failure. So, I was a bit skeptical of the author's no-fail, 24-hour workaround which doesn't require a refrigerated starter culture. I followed his directions and used our Instant Pot to keep the dough evenly warm, added a little yeast at the end of the process, and managed to make a credible loaf of sourdough in 24 hours . . . Five stars." -- Annie Buchanan, Nonstop Reader (blog), June 1, 2021 "If you survived the pandemic without making sourdough, then THIS is your book. You can get ahead of everybody else, with the quickest recipe possible for amazing bread, pizza dough, pancakes, and dosa! . . . As a homeschool mom, I'd also say that since you're basically growing bacteria and watching for reactions, it would be a great book for a Kitchen Chemistry or Biology class!" -- Nicole Henke, Bless Their Hearts Mom (blog), Aug. 6, 2021

Are you interested in learning more about soap making? Are you interested in making your own soap or starting your own soap making business, this A-Z guide will show you what you need to do, the resources you will need, and how to be successful in soap making

"If you can follow a recipe, then you can make soap." The Natural Soap Making Book for Beginners is the only soap making book you'll need to bring your favorite scents and styles to homemade soaps--even if you've never made soap before Making soap from scratch is a fun hobby and a great way to control the ingredients in the products you use, but it can be hard to know where to start. The Natural Soap Making Book for Beginners will show you how easy and simple it is to make your very own homemade soaps without artificial dyes and chemicals. Your senses will tingle as you master the art of cold-process soap making using fresh, floral, woody, and amber scents to create your own handcrafted soaps. Get your hands wet with The Natural Soap Making Book for Beginners when you soak in: Step-by-step instructions, tips, and tricks for mastering cold-process soap making, decorating techniques, and scent pairing--designed specifically with beginners in mind. Natural ingredients that avoid harsh chemicals and artificial dyes, which can dry out and irritate your skin. Over 55 diverse recipes to choose from such as castile soap, shampoo bars, shaving bars, anti-aging soaps, salt soaps, goat-milk soaps, and more. Illustrated charts detailing how and when to use natural colorants, essential oils, and herbal infusions. Join Kelly Jack, a longtime soap maker, herbalist, teacher, and creator of the popular blog Simple Life Mom, as she shares the simple tips and tricks of her craft in The Natural Soap Making Book for Beginners.