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Professor Taylor is the recipient of a number of awards—most notably, the American Psychological Association's Distinguished Scientific Contribution to Psychology Award, a 10-year Research Scientist Development Award from the National Institute of Mental Health, and an Outstanding Scientific Contribution Award in Health Psychology.

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Shelley Taylor is professor of psychology at the University of California, Los Angeles. She received her Ph.D. in social psychology from Yale University. Her research interests are in health psychology, especially the factors that promote long-term psychological adjustment, and in social cognition.

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A prolific author of books and scholarly journal articles, Taylor has long been a leading figure in two subfields related to her primary discipline of social psychology: social cognition and health psychology. Her books include *The Tending Instinct* and *Social Cognition*, the latter by Susan Fiske and Shelley Taylor.

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"When I wrote the first edition of Health Psychology over 30 years ago, the task was much simpler than it is now. Health psychology was a new field and was relatively small. In recent decades, the field has grown steadily, and great research advances have been made. Chief among these developments has been the use and refinement of the biopsychosocial model: the study of health issues from the standpoint of biological, psychological, and social factors acting together. Increasingly, research has attempted to identify the biological pathways by which psychosocial factors such as stress may adversely affect health and potentially protective factors such as social support may buffer the impact of stress. My goal in the tenth edition of this text is to convey this increasing sophistication of the field in a manner that makes it accessible, comprehensible, and exciting to undergraduates"--

A text to convey the increasingly sophisticated and complexity of the connection between the mind and the body.

Originally published in 1984, the study of psychological aspects of health was a rapidly expanding enterprise. Most of the contributors to this volume were trained as social psychologists or by social psychologists. Some have been more applied in their focus or on the edge of several fields. All, however, share a common approach, focusing on the individual as he or she is buffeted about by social forces and copes with these forces. All consider situational and

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psychological factors in the determination of behavior, emotion, or cognition and all apply their expertise to the study of health-related issues. The grouping of the chapters in this volume by the authors' subspecialty, social psychology, is a somewhat unconventional method of clustering. Ordinarily, the materials presented here would be published in journals or texts concerned with behavior or psychosocial in health and medicine, or in specialty publications dealing with a particular disease or health issue. That clustering of articles is functional in providing information to those most likely to utilize it, but it diffuses the origin and background of the studies. These chapters speak to the diversity of health issues that are amenable to successful social psychological analysis.

Health psychology: an introduction to behavior and health.

The flaws in today's healthcare systems and practices are well-documented: millions remain far from optimal health due to a variety of psychological and social factors; large numbers of patients do not fully cooperate with medical advice; errors in medical decision-making -- some stemming from flaws in interpersonal relations -- regularly lead to needless suffering and death. Further, the effects of emotions, personality, and motivation on healing are not well incorporated into traditional medical care. The Oxford Handbook of Health Psychology compiles the most relevant scholarship from psychology, medicine, and public health to offer a thorough and authoritative model of the biopsychosocial approach to health. A collection of international contributors addresses all relevant concepts in this model, including its applications to health promotion, health behavior change, and treatment.

Ranging widely over biology, evolutionary psychology,

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physiology, and neuroscience, "The Tending Instinct" examines the biological imperative that drives women to seek each other's company and to tend to the young and the infirm, bestowing great benefits to the group but often at great cost to themselves.

This exciting new version of the classic text, *Social Cognition*, describes the increasingly complete link between neuroscience and culture. Highlighting the cutting-edge research in social neuropsychology, mainstream experimental social-cognitive psychology, and cultural psychology, it retains the authors' unique ability to be both scholarly and entertaining. Reader-friendly style and concise summaries combine with the authors' engaging perspectives on this flourishing field. Comprehensive without being overwhelming, this new standard for the field brings with it a new organization reflecting current consensus open issues of the field, and its trajectory into the future.

In *An Introduction to Psychological Assessment and Psychometrics*, Keith Coaley outlines the key ingredients of psychological assessment, providing case studies to illustrate their application, making it an ideal textbook for courses on psychometrics or psychological assessment. New to the Second Edition: Includes occupational and educational settings Covers ethical and professional issues with a strong practical focus Case study material related to work selection settings End of chapter self-assessments to facilitate students' progress Complaint with the latest BPS Certificate of Testing curriculum Electronic inspection copies are available for instructors.