

The Foundations Of Buddhism Rupert Gethin

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And so, when I found "The Foundations of Buddhism" by Rupert Gethin I was hoping to get an overview of the "basics" concerning all schools of Buddhism. This book definitely accomplished this goal.

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Buddhism is a vast and complex religious and philosophical tradition with a history that stretches over 2,500 years, and which is now followed by around 115 million people. In this introduction to the foundations of Buddhism, Rupert Gethin concentrates on the ideas and practices which constitute the common heritage of the different traditions of Buddhism (Thervada, Tibetan, and Eastern) which exist in the world today. From the narrative of the story of the Buddha, through discussions of aspects such as textual traditions, the framework of the Four Noble Truths, the interaction between the monastic and lay ways of life, the cosmology of karma and rebirth, and the path of the bodhisattva, this books provides a stimulating introduction to Buddhism as a religion and way of life, which will also be of interest to those who are more familiar with the subject.

This edition offers a new translation of a selection of the Buddha's most important sayings reflecting the full variety of material: biography of the Buddha, narrative, myth, short sayings, philosophical discourse, instruction on morality, meditation, and the spiritual life. It provides an excellent introduction to Buddhist scripture.

A study of a classic list of Buddhist teachings which includes such familiar items as the four establishments of mindfulness and the noble eightfold path.

Buddhist Thought guides the reader towards a richer understanding of the central concepts of classical Indian Buddhist thought, from the time of Buddha, to the latest scholarly perspectives and controversies. Abstract and complex ideas are made understandable by the authors' lucid style. Of particular interest is the up-to-date survey of Buddhist Tantra in India, a branch of Buddhism where strictly controlled sexual activity can play a part in the religious path. Williams' discussion of this controversial practice as well as of many other subjects makes Buddhist Thought crucial reading for all interested in Buddhism.

An ideal introduction to the history of Buddhism. Andrew Skilton - a writer on and practitioner of Buddhism - explains the development of the basic concepts of Buddhism during its 2,500 years of history and describes its varied developments in India, Buddhism's homeland, as well as its spread across Asia, from Mongolia to Sri Lanka and from Japan to the Middle East. A fascinating insight into the historical progress of one of the world's great religions.

Buddhism in the Modern World explores the challenges faced by Buddhism today, the distinctive forms that it has taken and the individuals and movements that have shaped it. Part One discusses the modern history of Buddhism in different geographical regions, from Southeast Asia to North America. Part Two examines key themes including globalization, gender issues, and the ways in which Buddhism has confronted modernity, science, popular culture and national politics. Each chapter is written by a distinguished scholar in the field and includes photographs, summaries, discussion points and suggestions for further reading. The book provides a lively and up-to-date overview that is indispensable for both students and scholars of Buddhism.

Originating in India, Mahayana Buddhism spread across Asia, becoming the prevalent form of Buddhism in Tibet and East Asia. Over the last twenty-five years Western interest in Mahayana has increased considerably, reflected both in the quantity of scholarly material produced and in the attraction of Westerners towards Tibetan Buddhism and Zen. Paul Williams' Mahayana Buddhism is widely regarded as the standard introduction to the field, used internationally for teaching and research and has been translated into several European and Asian languages. This new edition has been fully revised throughout in the light of the wealth of new studies and focuses on the religion's diversity and richness. It includes much more material on China and Japan, with appropriate reference to Nepal, and for students who wish to carry their study further there is a much-expanded bibliography and extensive footnotes and cross-referencing. Everyone studying this important tradition will find Williams' book the ideal companion to their studies.

Reflects the current state of scholarship in Buddhist Studies, its entries being written by specialists in many areas, presenting an accurate overview of Buddhist history, thought and practices, most entries having cross-referencing to others and bibliographical references. Contain around 1000 pages and 500,000 words, totalling around 1200 entries.

In What the Buddha Thought, Richard Gombrich argues that the Buddha was one of the most brilliant and original thinkers of all time. Intended to serve as an introduction to the Buddha's thought, and hence even to Buddhism itself, the book also has larger aims: it argues that we can know far more about the Buddha than it is fashionable among scholars to admit, and that his thought has a greater coherence than is usually recognised. It contains much new material. Interpreters both ancient and modern have taken little account of the historical context of the Buddha's teachings; but by relating the.

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